



# briarcare bulletin

## February 2024



Hello Again!

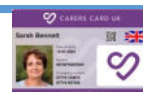
February brings us one step closer to Spring and we continue to focus on adding more lovely people to work with us to support and care for our clients who wish to remain living in their own homes. We have good availability in the North Norfolk area. Please get in touch for an initial chat & for more information on our services.

Did you know...

Snowdrops have a deep meaning behind them. As one of the first flowers of Spring they often symbolize new beginnings, hope, rebirth and the ability to overcome challenges. This makes it a very positive flower to give someone who might be going through a change in their life. Perhaps you could plant some in an outdoor pot together.



Here's a great idea...



A carer card and app is for anyone that provides support to a spouse, partner, parent, relative, or neighbour who cannot manage without your help. In an unfortunate event where a carer becomes ill or is in an accident it's vital that someone can be contacted. A carer ID card includes x2 emergency contact telephone numbers on the front of the card. They cost £8 and last for 2 years. Get one from [carerscarduk.co.uk](http://carerscarduk.co.uk)

Happy Valentines Day!



These carrots have to win the prize for the most romantic vegetables! I couldn't bring myself to cook them so I planted them instead!

# Proud to Make a Difference!

01263 688000 [norfolk@briarcare.co.uk](mailto:norfolk@briarcare.co.uk)



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Dates for your Calendar...

Commencing February 12th onwards

### **Briarcare's North Norfolk Tour!**

Please come and chat with us at our

### ***"Pop Up Cuppa Care Hosting's"***



Keen to support local community venues, we will be popping up at selected Village Halls across North Norfolk. This is your opportunity to join us for a cuppa and to have an informal chat about our care services and the additional value we can bring to your life.

We also hope to meet some potential, kind & special, carers who would like to work with us.

Please get in touch for details of where we will be, and to reserve a time for you to come and chat to us. We will have the kettle on!

### **Message in a Bottle**

**Lions Clubs** provide Message in a Bottle kits within their local communities free of charge. The Message in a Bottle kit includes a form, where personal and medical information is detailed. This is placed in the Lions branded, little green bottle, which is stored in the fridge. Two stickers are provided: one for the fridge door and the other for the inside of the front door of the premises. Paramedics, police, fire-fighters and social services support Lions' life-saving initiative and know to look in the fridge when they see the Message in a Bottle stickers. **Call** 0121 441 4544 or **email** [enquiries@lionsclubs.co](mailto:enquiries@lionsclubs.co)



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